

Movement Enhanced Rolfing

Date(s): November 8-9th. 2008

Location: New York, NY

Instructor(s): Judith Roberts & Marcelo Coutinho

Fees: 400.00

Registration Information: marcelo@villagerolfing.com 212-924-3741

Credits: Approved for 14 Type I IASI CE Credits

Course Description: MOVEMENT ENHANCED ROLFING™ "Take the tissue where you want it and ask for movement." - Ida P. Rolf The goal of this course is to broaden concepts and applications of myofascial tissue work, with emphasis on the usage of movement, in order to balance and integrate the body. Topics will include: · Learning to recognize fascia as a map of one's body history, and identifying habitual body patterns (both stationary and in motion); · Determining how different qualities of touch speak to various body mechanoreceptors and the diverse conditions of connective tissue; · Hands-on demonstrations of specific techniques and stretches; · Skills pertinent to helping the practitioner be more at ease with the relationship between structure and function. This workshop is oriented towards Structural Integration Practitioners. The three day course will include lectures, demonstrations, movement explorations, and work exchange.

Instructor Biography: Judith Roberts is an Advanced Certified Rolfer™ and Movement Teacher. She graduated as a Movement Teacher from the Rolf Institute in 1984 and taught for five years in New York City working with dancers and athletes. In 1989 she graduated as a Rolfing Practitioner with Peter Melchior at the Rolf Institute. In 1999 she completed her Advanced Practitioner training at the Guild for Structural Integration studying with Peter Melchior and Emmett Hutchins. Judith is an expert in all aspects of Structural Integration. Over a span of more than 23 years, she has taught students and treated clients in many different countries, including Brazil, France, Germany, Italy, the U.K. and the U.S. Currently based in Manhattan, she continues to work with actors, athletes, Wall Street brokers, and persons from all walks of life.

Marcelo Coutinho is an Advanced Certified Rolfer™ and Rolf Movement Practitioner™. He has a private practice in New York City (Village Rolfing, a partnership formed with the late Dr. R. Louis Schultz), and holds a degree in Physical Education from the Federal University of Rio de Janeiro, Brazil. Marcelo has an extensive background as a movement coach and professional dancer and has taught Movement Analysis and Myofascial Technique workshops in New York City, California, Seattle, Colorado, Texas, Brazil and Germany.

